

## The Dreaded FLU

Saturday, 07 January 2006

Well, I can't believe this appalling flu.

For the first year ever, I had the flu jab.

Survived Xmas - wonderful time, relaxing, peaceful, family - then started feeling a bit blocked up.

Around the 28th it struck.

Dry throat, burning chest, incredible fever, sweating so I had to change bed linen every day...

After 3-4 days I summoned a doctor who said it had gone to my chest and prescribed a course of strong anti biotics.

That took a day or two to kick in but I'm feeling better now though there's still a dry cough here and there and a sniffly snuffle tendency.

The damn thing lasted ten days and I'm sure it's not completely over yet.

My voice is raspy. I could make Rod Stewart tribute CD's.

God knows what the avian flu is like if this is the new ordinary flu.